

Safety Harbor Surgery Center

Pre Visit Instructions for: PATIENTS WITHOUT ANESTHESIA

1. Have a driver the day of procedure/ unless you are otherwise instructed.
2. Stop aspirin or products containing aspirin (Ecotin, Alka Seltzer, Excedrin, etc) for 5 days prior to the injection.
3. Stop arthritis medication (Advil, Aleve, Arthotec, Celebrex, Daypro, Ibuprofen, Mobic, Naproxen, Motrin and Voltaren) 5 days prior to injections, unless instructed differently. Do not discontinue any of your other medications.
4. If you are taking a bloodthinner (Ticid, Persantine, Jantoven, Coumadin, Plavix, Pradaxa, Warfarin, Effient, Xeralto) please inform your SpinePain Physician right away as this requires special preparation prior to your procedure.
5. Discontinue use of Fish Oil and Vitamin E for 5 days prior to your procedure.
6. If you have a Pacemaker or a Spinal Cord Stimulator, please inform your physician prior to scheduling your procedure. Bring a copy of your card with you.
7. Your activity may be restricted for 24-48 hours post injection/procedure. Avoid strenuous activity or exercise.
8. Please bring a list of your current medications.
9. If you require INR/ PT/ PTT or platelet count, this should be obtained within 24 hours of your procedure.
10. Any questions regarding your injection or procedure please contact the office.