



Dear Surgical Guest,

Welcome to Boulder Surgery Center. Important information follows regarding your upcoming surgical or interventional procedure.

- When choosing to have outpatient surgery, many factors are taken into consideration to ensure your safety. We strive to accommodate requested surgical times. However, the surgery time assigned to you at the time of your office visit is not guaranteed. When a time change is necessary our staff will notify you in advance. Your cooperation is required.
- As soon as possible, please visit our website: [www.bouldersurgerycenter.com](http://www.bouldersurgerycenter.com) on the home page select the "**Complete Your Medical History**" tab. You will need a list of your current medications to complete the questionnaire. One of our nurses will contact you and give you further instructions in preparation for your surgery.
- Based on the medical history you provide, additional diagnostic may be ordered: lab tests, X-rays and EKGs. (These tests are not routinely performed on all surgical patients). It is important that you complete these diagnostic tests as quickly as possible.
- Understanding your insurance coverage is your responsibility. To assist you, a registration staff member will contact you to confirm your demographic and insurance information. You will be informed of your financial responsibility such as co-payment or deductible payment due at time of services. You may call us directly at (303)938-5470.
- You will be going home the same day. **Arrange for a responsible adult to drive you home.** If you are using public transportation to return home, you **must** have a responsible adult escort you home. It is **strongly suggested** that someone stay with you until the following day.
- Call your surgeon's office if you develop a cold, sore throat, fever or any other illness that occurs within 48 hours of your surgery.
- **DIETARY RESTRICTIONS:**  
It is very important that you **do not eat or drink anything after midnight** the night before surgery, unless the nurse has provided special eating or drinking instructions. This includes no gum, hard candy, cough drops, coffee, tea or water. If you do not follow these instructions, your procedure may be cancelled or delayed.
- It is important that you bathe or shower using soap on the eve before or morning of surgery. Do not shave hair near or around the surgical area. Do not apply lotions, cosmetics or other alcohol-based products after showering.

**WHAT TO BRING:**

- This Boulder Surgery Center packet.
- Your insurance card and a photo ID
- A form of payment (when applicable): cashier check or credit card



- A case for contacts, glasses and dentures
- Crutches for knee or foot surgery – to check for proper fit and receive instructions for use
- Any medical devices, slings, braces, walkers that have been provided to you prior to surgery
- Wear loose fitting clothing, easy to cover surgical dressings

### **WHAT TO LEAVE AT HOME**

- ALL jewelry and valuables. BSC is not responsible for valuables.
- Juvenile children, they will not be permitted into patient care area.
- Do not apply makeup, deodorant, lotion or creams

### **LABORATORY SITES:**

Boulder Community Health, 4747 Arapahoe Ave., Boulder 303-415-7000

Boulder Medical Center, 2750 Broadway, Boulder - 303-440-3026

Community Medical Center, 1000 W. South Boulder Road, Lafayette - 303-604-5066

### **Our Mission Statement**

#### **PLAN**

Physician providers will develop a treatment plan of care for surgical or interventional treatment.

#### **PROGRESS**

Talented professionals will assess individual needs, implement the treatment plan, educate patient and family and prepare for safe discharge home.

#### **PURPOSE**

Care is coordinated between members of an interdisciplinary perioperative team with purpose to optimize the patient experience.

Boulder Surgery Center does not discriminate on the basis of race, color, national origin, age, or disability; in admission of, access to, treatment, or employment in, its programs and activities.

To obtain information about Advanced Medical Directives, please see our website at [www.bouldersurgerycenter.com](http://www.bouldersurgerycenter.com) and click on the "Advanced Directive" icon or visit [www.coloradoadvancedirectives.com](http://www.coloradoadvancedirectives.com) or call Colorado Healthcare at 1-800-658-8898.